

CAN I USE INSURANCE BENEFITS FOR SERVICES?

Client Centered Nutrition, PLLC is currently contracted with Regence, Blue Cross Blue Shield, First Choice Health, and Kaiser Permanente PPO. If you do not have one of these insurances, though not guaranteed, you may be eligible for reimbursement of nutrition services through your insurance provider after submitting a "Superbill." Upon request, we will provide a Superbill to you.

If Client Centered Nutrition is in-network with your insurance, use this form to ensure nutrition services are covered under your plan. If Client Centered Nutrition is out-of-network, use this form to understand what you may be reimbursed for.

1. Call the member services number on the back of your insurance card and ask:

- Does my plan cover:
 - Outpatient nutrition counseling? Yes No
 - Medical nutrition therapy? Yes No
 - Preventative nutrition counseling? Yes No
 - Dietary counseling and surveillance? Yes No
- If yes, how many sessions are allowed?

- Is coverage limited only to certain medical diagnoses?

- Does my plan only cover visits that are considered "medically necessary"? _____
- What is my coverage for an out-of-network provider?

- Do I have to meet a deductible? Yes No
 - If yes, how much?

- Do I need a physician referral? Yes No
 - If yes, it is your responsibility to obtain a referral from your physician.